

FOOD SHOW TO END WITH GREAT BAKING CONTEST SATURDAY

Washington Women Are Invited to Try For Useful Prizes To Be Awarded.

BREAD AND CAKES ADMITTED

Articles Are To Be Prepared At Home and Sent to Arcade Auditorium Before Noon.

Washington women, who have thronged the Times-Westfield Domestic Science School and Household Appliances Exposition, at the Arcade Auditorium, Fourteenth street and Park road, this week, despite the inclement weather, will have opportunity Saturday to show what they can do when it comes to baking bread and cakes. The exhibition will be concluded Saturday with a baking contest, in which every woman in Washington and its suburbs is invited to participate.

After the entries in the baking contest have been judged, and several hundred dollars worth of household appliances given the best bakers, the bread and cakes will be turned over to a committee from the Associated Charities. This committee will sell the bread and cakes in the Arcade Auditorium and the proceeds of the sale will be used for the relief of needy families under the care of the Associated Charities.

Necessary Kitchen Articles.

The gifts to be awarded the superior bakers included thirty articles necessary in every properly equipped kitchen. They range from a \$55 gas cook stove to a vacuum cleaner. In addition to the regular awards, gifts will be bestowed upon the excellent bakers by the exhibitors in the pure food show. Every woman who enters the contest and fails to get an award will receive a pound of tea, at least.

Each woman may enter one or more articles in each of the three divisions, loaf cake, bread, and layer cake. The cakes and bread are to be baked at home and delivered at the Arcade Auditorium between 10 and 12 o'clock Saturday morning. The judging will be done between 12 and 2 o'clock in the afternoon. Every article will be cut and the general appearance, texture, grain, and taste will be the points considered in making the awards.

Prof. and Mrs. Sherwood P. Snyder, who will conduct the baking contest and judge the entries, say several hundred women have participated in the baking contests held in other cities, and they expect a large number of loaves of bread and cakes Saturday.

Loaf Cake Division.

- First—Sentinel Automatic Cook Stove, donated by Sentinel Manufacturing Company.
- Second—Universal Coffee Percolator, donated by Landers, Frary & Clark.
- Third—Savory Roaster, donated by Republic Metal Ware Company.
- Fourth—Lighting Ice Cream Freezer, donated by North Bros. Manufacturing Company.
- Fifth—Thermos Bottle, donated by American Thermos Bottle Company.
- Sixth—Large Jar Airline Honey, donated by A. I. Root Company.
- Seventh—Three pound can Rumford Baking Powder, donated by Rumford Chemical Company.
- Eighth—Can Lowmex Cocoa, donated by Walter M. Lowmex Company.
- Ninth—Package Lipton's Tea, donated by Sir Thomas J. Lipton.

Layer Cake Division.

- First—Frantz Electric Vacuum Cleaner, donated by Frantz Vacuum Manufacturing Company.
- Second—Thermos Carafe, donated by American Thermos Bottle Company.
- Third—Universal bread mixer, donated by Landers, Frary & Clark.
- Fourth—Savory double boiler, donated by Republic Metal Ware Company.
- Fifth—Universal Food Chopper, donated by Landers, Frary & Clark.
- Sixth—Three pound can Rumford Baking Powder, donated by Rumford Chemical Company.
- Seventh—Large jar Airline Honey, donated by A. I. Root Company.
- Eighth—Can Lowmex Cocoa, donated by Walter M. Lowmex Company.
- Ninth—Package Lipton's Tea, donated by Sir Thomas J. Lipton.

Bread Division.

- First—Bliss carpet sweeper, donated by Bliss Manufacturing Company.
- Second—Thermos bottle, donated by American Thermos Bottle Company.
- Third—Universal bread mixer, donated by Landers, Frary & Clark.
- Fourth—Savory double boiler, donated by Republic Metal Ware Company.
- Fifth—Universal mayonnaise mixer, donated by Landers, Frary & Clark.
- Sixth—Three pound can Rumford Baking Powder, donated by Rumford Chemical Company.
- Seventh—Large jar Airline Honey, donated by A. I. Root Company.
- Eighth—Can Lowmex Cocoa, donated by Walter M. Lowmex Company.
- Ninth—Package Lipton's Tea, donated by Sir Thomas J. Lipton.

The Westfield Standard.

Prof. Snyder, in addition to demonstrating the mixing of the ingredients for a number of tasty dishes before yesterday's large audience at the Arcade Auditorium, said in part:

"The object of our work, which is a part of the Westfield movement for pure food—in fact, the object of the whole movement—which is being promoted by the McClure publications, is to encourage the housewife to discriminate between foods desirable for consumption and those that are questionable. The movement has no help to discourage the use of factory foods in that we believe that many foods are prepared to a better advantage in the home than in the home which receives the housewife of many times over hours of work in her kitchen. We want to give every manufacturer a square deal and all we ask is that manufacturers use good ingredients in their products and prepare them under proper sanitary conditions. No one who is interested in health can ask for more."

Women Invited to Enter Saturday Baking Contest

The Times Westfield Domestic Science School will be concluded on Saturday with a baking contest in which every woman is invited to enter. Many handsome and valuable household appliances will be awarded. There are three divisions—

LOAF CAKE, BREAD, LAYER CAKE. Each woman may enter one or more articles in each of the three divisions. The cakes and bread are to be baked at home and delivered at the Arcade Auditorium between 10 and 12 Saturday morning.

Every article will be entered by number. A coupon will be placed on each entry corresponding in number to the coupon the contestant receives.

The judging will be done between 12 and 2 p. m. All who desire are invited to come to the Arcade Auditorium to watch the judging.

Every article will be cut and the general outside appearance, the texture, the grain and the taste will be the points considered. After the judging has been completed, the awards will be made, and the cakes and bread will be turned over to a committee from the Associated Charities and sold, the proceeds to be used for the relief of families under the care of the Associated Charities.

ENTER THE CONTEST and try for one of the beautiful rewards.

If you fail to receive a reward you will have the satisfaction of lending your support to the Associated Charities.

products that do not measure up to the Westfield standard.

Merely Asks "Square Deal."

The Westfield standard does not require anything that the progressive, honest merchant is not glad to adopt, and, in fact, does adopt on his own accord. It asks the manufacturer to eliminate the use of such preservatives as coloring matter and adulterants that may make a food objectionable for human consumption. In other words, it simply asks the manufacturer, on a square deal, and if all women with their purchasing power will diligently avoid those products that we believe should be boycotted, they will lead such impetus to the movement that manufacturers of spurious foods will be compelled to close their doors and return.

"I wonder how many of you are aware of the fact that the McClure publications, published at Westfield of which Prof. Lewis B. Allen is in charge, are maintained for the benefit of interested, honest and progressive manufacturers and merchants. I wonder how many women possess realize that there is the danger of the adulterated food products in the United States and that the privilege of sending samples of food products, vegetables, toilet preparations and medicines is open to all women."

"In other words, if you are inclined to use a food product that in some may consist of or contain undesirable ingredients, you have the opportunity of sending an unbroken package to Prof. Lewis B. Allen, at Westfield, and you will receive in reply to your inquiry a copy of the Westfield standard and Prof. Allen's unbiased opinion. Do you realize that we give you absolutely free the service for which a private laboratory might charge you from \$10 to \$25?"

Exhibits Attract Many.

The pure food exhibition and demonstration booths have proved one of the biggest, most instructive and entertaining features of the exposition. At each performance hundreds of men, women, and children throng the booths to witness the demonstrations and receive armfuls of samples, which, together with the recipe books and other literature, amply repay the visitors who are welcomed to the exposition free.

Among the booths which have attracted wide attention are those of Chapin-Sacks, makers of "Velvet Kind" ice-cream; Corby cake, Rumford Manufacturing Company; demonstrating "University Club Ginner Ale"; the Blumwine Operating Company, demonstrating its well-known food drink, and the "Carroll" Electric Company, demonstrating its household appliances. As the Westfield standard is even higher than that of the United States Government, it is a distinct compliment to Washington manufacturers that their products were given places in the exposition. The Washington manufacturers' booths, both in contents and intelligence and attractiveness in demonstrations, rival the best of the others in the exposition.

HOT TEA BREAKS A COLD—TRY THIS

A small package of Hamburg Breast Tea, or as the German folks call it, "Hamburger Brust Tee," at any pharmacy. Take a teaspoonful of the tea, put a cup of boiling water upon it, pour through a sieve, and drink a teacup full at any time. It is the most effective way to break a cold and cure grip, as it opens the pores, relieving congestion. Also loosens the bowels, thus breaking a cold at once. It is inexpensive and entirely vegetable, therefore harmless.—Advt.

BREAKFAST BEGINS

Miller's Self-Rising Buckwheat—the day most enjoyable when it brings the good old cakes made of Miller's Self-Rising Buckwheat. Write to Miller's Self-Rising Buckwheat, 100 N. 1st St., Philadelphia, Pa. No. 100 N. 1st St., Philadelphia, Pa. No. 100 N. 1st St., Philadelphia, Pa.

PURE FOOD BOARD SETS NEW STANDARD

Fixes Limit on Sugar and Starch for Diabetic Product.

New regulations fixing a definite limit to the amount of sugar and starch that may be contained in diabetic foods have been prescribed by the Pure Food Board of the Department of Agriculture. Manufacturers have for some time been asked to limit the amount of sugar and starch in their products, especially for those suffering from diabetes. These foods are generally classified as "diabetic" or "non-diabetic" and the department found that though it is generally recognized that sugar and starch are bad for diabetic persons, some of the foods especially recommended, contained as much of these food constituents as ordinary wheat or other products.

It was held that the sale of such foods was dangerous to those persons suffering from diabetes, while allowing to avoid starch and sugar foods in ordinary form, might be misled into using quantities of prepared foods that would be just as bad.

North Dakota Society To Feast February 22

The annual banquet of the North Dakota Society of the District of Columbia will be held at the Hotel House February 22. It was decided at a meeting of the organization in the Senate office building last night. The society will be addressed by members of Congress from North Dakota.

Consumers' League Show Attracts Many Visitors

Several hundred persons attended the opening of the exhibition at 1244 Eighteenth street northwest by the Washington branch of the Consumers' League yesterday. This is part of the display of the national league at the Panama-Pacific Exposition.

The league opened the exhibition with a view to demonstrating the quality of a minimum wage law and improvement in working conditions.

Jeff Davis Mansion Menaced by Floods

NATCHEZ, Miss., Feb. 2.—David Jackson here is inundated. It is feared the colonial mansion of Jefferson Davis, leader of the national league, will be swept away by the strong current. Floods in this section were still holding today, and a large squad of men is strengthening them with sacks of sand and cement.

"CYCLONE" DAVIS HAS NEW DEFENSE PLAN

Offers Bill Requiring Big Corporations and Possessors of Large Incomes to Pay.

Every big corporation must "defend" a soldier or sailor. If a U. P. introduced by Congressman "Cyclone" Davis of Texas should become a law, the Texas says his measure is designed "to make money fight for the country the same as men." This plan, in brief, is that every large corporation or individual with a big income shall be forced to pay the expenses of one or more soldiers or sailors.

"It should bear a proportionate part of military and naval service," says Mr. Davis.

The bill provides that each corporation, if a company shall be counted as a soldier, and forced to pay the cost of maintaining one soldier or sailor for each \$25,000 of capital and surplus in excess of \$250,000, and in the case of an individual, the same soldier or sailor for each \$25,000 in excess of \$100,000. Violators of the law, if it becomes one, Mr. Davis would punish by treating them as deserters. In war time they would be shot. Anyone engaged in benevolent, charitable or educational work is exempted from the legislation.

CHANGES ANNOUNCED IN INTERIOR BUREAU

Secretary Lane Gives List of Appointments, Transfers and Resignations.

Secretary of the Interior Lane today announced the following changes in personnel in his department:

Temporary appointments: Mrs. Julia E. Sawyer of Arizona, under chief at the Colorado Fuel and Iron Co., Colorado, and W. W. Townsend of Wisconsin, under chief at the Wisconsin State Prison.

Resignations: Charles T. Cross, assistant secretary, from the Interior Office, resigned. Resignations: Ray Kellough, assistant in the General Land Office, Charles E. Rose, assistant examiner at \$2,100, and David L. Sommers, messenger at \$1,200 in the Patent Office, George W. Luce, junior clerk at \$1,200, and Richard E. Cagney, clerk at \$1,200 in the Reclamation Service, and Irving A. L. Johnston at \$1,200 in the Bureau of Mines.

Brown Alumni Elect A. D. McCall President

Members of the Washington Alumni of Brown University held their annual banquet and election at the Raleigh hotel here. A dinner was served for the Brown alumni fund was taken at a business meeting preceding the banquet.

D. McCall was elected president of the association. E. C. Burnett, vice president, W. C. Carpenter, secretary, and W. A. Shole, treasurer. The speakers included P. P. Claxton, commissioner of education, Dean O. E. Randall, of Brown, and James Brown Scott, secretary of the Carnegie Endowment for International Peace.

All through the Old Testament you will find such paragraphs as this—
Exod. 23:17—Judah and the land of Israel, they were the merchants; they traded in thy market wheat . . . and honey, and oil, and balm.

The ancient Jews (then the supreme race) made honey their daily FOOD as well as a sweetener. Wise moderns do—YOU will find food, health and deliciousness in honey.

Have you been to the Westfield Lectures?

Then you'll remember the Airline Honey exhibit and what was said of the economy of using honey in cooking as well as the superior results it gives.

If you haven't attended—do so—it is well worth while. And when there make careful note of all that's said of Airline Honey. Be sure to visit the Airline Booth.

Eat—Sweeten with Airline Honey

—eat the sweet that's made in Nature's laboratory; untouched, unchanged by man—from flower, to bee, to you—Honey, the sweet that never cloy.

☞ Trickle it over your batter cakes or waffles—spread its golden sweetness on your bread or on those piping hot biscuits—doesn't the thought of it make your mouth water?

☞ Cakes and cookies made with honey are more delicious—retain their moisture longer—cost less to sweeten than with sugar, these war times or any time. Use honey.

THE A. I. ROOT CO., Medina, Ohio

Biggest producers of and dealers in bees and bee keepers' supplies in America. Publishers of "Gleanings in Bee Culture."

"The Home of the Honey Bee"

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VIEW OF ONE OF THE SPRINGS WHERE AIRLINE HONEY IS MADE—BY STEEL

Visit the "Velvet Kind" Exhibit at the Westfield Domestic Science School, Arcade Auditorium, This Week.

"Eleven Years Doing One Thing Better."



The Velvet Kind

The Velvet Kind

Mother Knows What to Give Clarence to Make Him Happy and at the Same Time Keep Him as Healthy as He Is Happy.

"The Velvet Kind" the ice cream of protected purity. Not only a dessert, but a health food for young and old. Put up in air-tight germproof cartons.

CHAPIN-SACKS MFG. CO.

"The Velvet Kind"

Cream of Ice Creams
Lincoln 390



Protect the Health of Your Home

By Using a Wholesome Baking Powder

Bread, in some form, is eaten at every meal. The health of your home depends on the lightness, purity and flavor of your rolls, biscuits, gems and cakes. Make sure of the wholesomeness of these three-times-a-day foods by using

Rumford

THE WHOLESOME BAKING POWDER

Contains no Alum

A phosphate baking powder of positive purity. Always leavens evenly and thoroughly; by actual test adds nutriment to white and finely milled flours. Costs less, goes farthest and makes the most of good materials.

APPROVED BY WESTFIELD BOARD OF HEALTH.

"Rumford Baking Powder keeps well and we believe it to be Safe, Efficient and Economical."

L. E. ALLEN, Analyst.

MAILED FREE, a copy of "Rumford Baking Powder and Household Hints," in their daily work housekeepers will find this a most useful and helpful book.

RUMFORD COMPANY, Providence, R. I.